

National Powerlifting, Benchpress and Deadlift Championship 2025 (Bilaspur)**Mens Classic Powerlifting****56 Kg**

Sr. No.	Name	State	Body Weight	Squat	Benchpress	Deadlift	Total	Place
1	Umesh Kumarkey	M.P	55.4	90	90	150	330	I
2	Parag Malgam	M.H	55.8	100	90	125	315	II

60 Kg

Sr. No.	Name	State	Body Weight	Squat	Benchpress	Deadlift	Total	Place
1	Sunirmal Majumder	W.B	58.7	145	92.5	160	397.5	I
2	Anudip Ingola	M.H	59.2	100	65	160	325	II
	Omkareshwar Sahu	C.G	58	70	62.5	150	282.5	III
4	Suranjan Maity	W.B	59.3	80	60	107.5	247.5	IV

67.5 Kg

Sr. No.	Name	State	Body Weight	Squat	Benchpress	Deadlift	Total	Place
1	Bhupendra Singh Khairwar	C.G	64.2	145	95	200	440	I
2	Rakesh Singha	W.B	64.65	150	95	170	415	II
3	Gaurav Marbate	M.H	61.2	150	80	170	400	III
4	Novin Kishan Yadav	C.G	60.25	145	70	170	380	IV
5	Amit Ramteke	M.H	64.1	195	80	165	380	V

75 Kg

Sr. No.	Name	State	Body Weight	Squat	Benchpress	Deadlift	Total	Place
1	Raja Pawar	C.G	69.5	172.5	100	195	467.5	I
2	Jayesh Parshuramkar	M.H	71.6	140	90	182.5	412.5	II
3	Satya Khairwar	C.G	72.3	165	90	180	405	III

82.5 Kg

Sr. No.	Name	State	Body Weight	Squat	Benchpress	Deadlift	Total	Place
1	Amit Bhadra	W.B	80.8	220	125	225	570	I
2	Kristofer Deen	M.P	79.3	210	130	220	560	II
3	Ankush Atulkar	M.H	80.7	197.5	100	202.5	500	III
4	Sanjay Kumar	C.G	77.2	135	95	160	390	IV

90 Kg

Sr. No.	Name	State	Body Weight	Squat	Benchpress	Deadlift	Total	Place
1	Aklakh khan	JH	87.5	225	117.5	232.5	575	I

100 Kg

Sr. No.	Name	State	Body Weight	Squat	Benchpress	Deadlift	Total	Place
1	Shubham Vaishnav	C.G	91.6	200	197.5	225	562.5	I
2	Bharat Das Vaishnav	C.G	91.9	165	115	185	465	II

Mens Classic Benchpress					
56 Kg					
Sr. No.	Name	State	Body Weight	Benchpress	Place
1	Parag Malgam	M.H	55.8	90	I
60 Kg					
Sr. No.	Name	State	Body Weight	Benchpress	Place
1	Devendra Raut	M.H	58.2	75	I
67.5 Kg					
Sr. No.	Name	State	Body Weight	Benchpress	Place
1	Prosenjit Sabui	W.B	64.9	105	I
2	Rakesh Singha	W.B	64.65	95	II
3	Satish Patle	C.G	62.5	90	III
4	Kailash Kumar Neeshad	C.G	63.1	72.5	IV
5	Kedar Sharnagat	M.H	66.3	70	V
75 Kg					
Sr. No.	Name	State	Body Weight	Benchpress	Place
1	Raja Pawar	C.G	69.5	100	I
2	Lingraj	C.G	68.2	95	II
3	Jayesh Parshuramkar	M.H	71.6	90	III
82.5 Kg					
Sr. No.	Name	State	Body Weight	Benchpress	Place
1	Aakash Dan	C.G	79	165	I
2	Amit Bhadra	W.B	80.8	125	II
3	Dushyant Ratre	C.G	78.4	120	III
90 Kg					
Sr. No.	Name	State	Body Weight	Benchpress	Place
1	Prasant Moolya	M.H	89.8	152.5	I
100 Kg					
Sr. No.	Name	State	Body Weight	Benchpress	Place
1	Bharat Das Vaishnaw	C.G	91.9	115	I

Mens Classic Deadlift					
56 Kg					
Sr. No.	Name	State	Body Weight	Deadlift	Place
1	Parag Malgam	M.H	55.8	125	I
60 Kg					
Sr. No.	Name	State	Body Weight	Deadlift	Place
1	Omkareshwar Sahu	C.G	58	150	I
2	Shyam Dewangan	C.G	58.6	140	II
3	Devendra Raut	M.H	58.2	130	III
67.5 Kg					
Sr. No.	Name	State	Body Weight	Deadlift	Place
1	Sushant Agare	M.H	64.9	225	I
2	Bhupendra Singh Khairwar	C.G	64.2	200	II
3	Rakesh Singha	W.B	64.65	170	III
4	Satish Patle	C.G	62.5	145	IV
5	Kedar Sharnagat	M.H	66.3	110	V
75 Kg					
Sr. No.	Name	State	Body Weight	Deadlift	Place
1	Raja Pawar	C.G	69.5	195	I
2	Lingraj	C.G	68.2	182.5	II
3	Jayesh Parshuramkar	M.H	71.6	182.5	III
82.5 Kg					
Sr. No.	Name	State	Body Weight	Deadlift	Place
1	Amit Bhadra	W.B	80.8	225	I
2	Ankush Atulkar	M.H	80.7	202.5	II
3	Dushyant Ratre	C.G	78.4	200	III
4	Om Das Mahant	C.G	81.1	180	IV
100 Kg					
Sr. No.	Name	State	Body Weight	Deadlift	Place
1	Bharat Das Vaishnaw	C.G	91.9	185	I