



UNITED POWERLIFTING ASSOCIATION

Registered Under The Societies Registration Act, 1860

Thane/0000119/2024

Recognised by World Powerlifting 

202, A Wing, Daffodil, Above Kalakshetra shop, Agra Road, Kalyan (W)

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Date- 20/06/2026

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VICE PRESIDENT

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Mrs. Nitika Rao

To,
All State Secretary

**National Powerlifting, Benchpress & Deadlift (Separate)
Classic & Equipped Championship For Sub-Junior, Junior,
Senior & Master (I,II,III) Men and Women 2026
& Selection Trial for Asian Championship**

Invitation cum Circular

We are glad to inform you that the Above Championship will be held on 06th August to 09th August 2026. The Championship will be organised by Senior Powerlifting Association Chhattisgarh.

Venue - Pushtikar Samaj Bhawan,
Shree Budeshwar Mahadev Mandir
Buda Talav, Raipur, Chhattisgarh

Contact Person - Mr. Udal Kumar Valmiki Mob. No. 8817478589
Mr. Lakhpati Sindoor Mob. No. 9993320651
Mr. Pradip Khsatriya Mob No. 7415128285

Please go through this circular carefully and promptly act accordingly to avoid inconveniences.

- 1) We invite Sub-Junior Boys/Girls under 19 years till 31st December 2026 (must have born in 2008 or After).
- 2) We invite Junior Boys/Girls under 23 years till 31st December 2026 (must have born in 2003 or After).
- 3) We invite Senior Men/Women, And Masters Men/Women who have born in 1985 or before for M-1 (+40), M-2 (+50), M-3 (+60) years.
- 4) Reporting time on **06th August 2026 upto 12.00 noon and Departure on 10th August 2026 upto 9am.**
- 5) The Referees should be in proper dress, Gray Pant & White shirt, Black shoes.
- 6) Host will only provide Food.
- 7) **Entry fees Rs. 1000/- for each player & each event which is not refundable.**
- 8) Send your players Name, DOB And Body Weight Class on **State letter head** along with entry fees by or before 24th July 2026. In Canara Bank A.c No. 110249237663 IFSC code- CNRB0000218 and send the screen shot to Mr. Sribas Goswami, Mob.No.9820703704. After 24th July 2026 we are not accepting any entry fees for competition.
- 9) The Body weight categories given below in Kg :-
For Men – 56, 62, 69, 77, 85, 94, 105, 120, 120+
For Women – 44, 48, 53, 58, 64, 72, 84, 100, 100+
- 10) **Adhar Card is Compulsory in time of weighing.**
- 11) **For Classic Championship**, Wrestling costume non stretchable + Socks + shoe +Half sleeves round neck T-shirt ordinary will be compulsory. For Equipped championship **Gear** is compulsory.
- 12) This is Drug-free championships. Violators will be disbanded if found guilty by our special committee.
- 13) Category II Referee Exam will be held on **09th August 2026.**

For Any kind of major issue, schedule will be change.



GEN.SECRETARY
Mr.Sribas M.Goswami

PROGRAM

National powerlifting, Benchpress & Deadlift Championship 2026 (Equipped & Classic)

Sub-junior, Junior, Senior & Master I, II, III Men & Women
At Raipur (Chattisgarh), On 06th August to 09th August 2026

❖ 06/08/26

- Up to 12.0 Noon Team Arival in Venue
- 1:00pm AGM
- 3:00pm – 4:30pm body weighing for men classes – 56 Kg,62 Kg,69 Kg,77 Kg class
- Competition will be start at :- 5:00pm

❖ 07/08/26

- 8:00am to 9:30am body weighing for men 85 Kg,94 Kg,105 Kg,120 Kg,+120 kg class.
- Competition will be start at 10.0Am

❖ 08/08/26

- 9:00am to 10:30am body weighing for all women class
44 Kg, 48 Kg, 53 Kg, 58 Kg, 64 Kg, 72 Kg, 84 Kg, 100 Kg, +100 Kg class
- Competition will be start after Men competition

❖ 09/08/26

- Remaining women classes competitions will be continued.
 - At 5:00pm Prize distribution & Closing ceremony.
 - There will be Category II Referee theoretical Examination Candidates Above age of 25 years + passed at least 12th standard + must have participated in state or national meet can appear for the Examinations.
 - NB. Winner must collect their medal + certificate in trouser & T shirt without any advertisement Shoes is compulsory.
- ❖ Program is subject to change as per local situation & conditions.